

Printout 3.2

OBEDIENCE CHALLENGE

Pretend to hammer nails
like you're building an ark.

Walk like an elephant
for 10 seconds.

Spin around in a circle 5 times.

Pretend to swim like
a fish for 10 seconds.

Jump up and down 7 times.

Make the sound of
your favorite animal.

Pretend to steer a big
boat for 15 seconds.

Roar like a lion 3 times.

Pretend it's raining and act
like you're trying to stay dry.

March in place like you're
leading animals onto the ark.

Balance on one foot
for 10 seconds.

Pretend to fly like
a bird around the room.

Crawl on the ground like
a turtle for 5 seconds.

Act like you're paddling
a boat through water.

Pretend to gather food
for the animals on the ark.

Flap your arms like a chicken
and make clucking sounds.

Act like you're carrying a heavy
plank of wood for the ark.

Pretend to be a giraffe
eating leaves from a tall tree.