

"Mission Possible!" Kick-off Party

The day is packed with high-energy, laugh-out-loud games, and activities designed to get kids moving, connecting, and having fun as they learn about Crossroads Kids Club. The theme focuses on teamwork, friendship, and seeing that with Jesus all things are possible.

Goals:

- Build excitement for the new club year.
- Help kids connect with leaders and each other.
- Encourage them to invite friends.

Materials Needed:

Mission Badge Craft:

☐ Pre-cut large star shapes (heavy cardstock or foam) — about 6-8 inches across (<i>Alternative: shields, circles, or other badge shapes</i>)		
☐ Markers, crayons, colored pencils		
☐ Stickers (stars, planets, smiley faces, etc.)		
☐ Washi tape or colored tape (optional for borders)		
☐ Glue sticks or glue dots		
☐ String or yarn (to make the badge into a necklace) OR safety pins to pin on		
Human Ring Toss:		
☐ 2-3 pool noodles (connected or taped together into large rings)		
☐ Hula hoops (at least 3-4)		
☐ Cones or tape to mark toss line		

Stack the Stars:

	15-20 star-shaped paper plates per station (or regular plates with stars drawn on them)
	Chopsticks or plastic spoons (one per child)
Mi	ission Impossible Maze (Laser Challenge):
	Red yarn, string, or crepe paper (enough to create a crisscross maze between two objects)
	Chairs, cones, or tables to anchor the yarn Tape (to secure the string if needed)
Ba	lloon Pop Race:
	Balloons (several per child—have extras ready) Cones or tape to create a pop zone
Sta	ar Gazer Memory Game:
	Tray or flat surface 10-12 small themed items (e.g., star eraser, cross, toy car, key, coin, paperclip, etc.) Cover cloth or box lid
Slı	urp the Stars:
	Paper stars or small paper circles (at least 20 per station) Plates (2 per player) Straws (one per child)
Ta	rget Mission Toss:
	Plastic or paper cups (about 10 per station) Markers to label cups ("fear," "doubt," "worry," etc.) Bean bags or soft balls (2-3)
Ge	eneral Party Supplies:
	Paper lunch bags (one per child for collecting candy or stickers) Wrapped candy or small prizes (enough for each station and some extras) Stampers or stickers for badges (optional for "Mission Complete" tracking) Timing device (phone, stopwatch, or timer) for timed challenges

Music playlist and speaker (optional for party atmosphere)
Cones or masking tape to mark off areas for games or boundaries



Welcome & Warm-Up (10-15 minutes)

Have kids go to Small Groups. Small Groups can be separated by grade or age.

Leaders introduce themselves with a silly fact or action (e.g., favorite snack, dance move, sound effect).



Mission Badge Craft:

Objective: This craft lets each child create a fun, personalized badge that symbolizes they are part of the team and that their mission this year is to discover Jesus and bring friends along.

Materials Needed:

- Pre-cut large star shapes (heavy cardstock or foam works well) about 6-8 inches across (Alternative shapes: shields, circles, or badges—whatever fits your theme)
- Markers, crayons, colored pencils
- Stickers (stars, planets, smiley faces, etc.)
- Washi tape or colored tape (optional for borders)
- Glue sticks or glue dots
- String or varn (to make the badge into a necklace) OR safety pins to wear as a badge

Instructions:

Today, you are becoming an official "Agent of the Mission." Every agent needs a badge. This badge will show your name, your mission title, and remind you that with Jesus, nothing is impossible.

On the star, kids will:

- Write their first name boldly in the center. Pick or create a Mission Title like:
 - o Brave Explorer
 - Kindness Agent
 - o Truth Seeker
 - o Courage Captain
 - Friendship Finder
 (You can have a list of fun examples posted to inspire them)
- Decorate the star with colors, stickers, and anything that makes it personal.

Optional Add-ons:

- Attach the badge to string/yarn so kids can wear it like a lanyard or necklace.
- Leaders or older kids can help punch a hole at the top for stringing.

Encourage sharing:

- Once kids finish, have them introduce themselves and their badge name to 1-2 others nearby.
- Example: "Hi, I'm Lily, and I'm the Kindness Agent!"

Large Group Team Building Game: Mission Relay Challenge (15-20 minutes)

Objective: This is an all-play, high-energy obstacle relay designed to build teamwork, laughter, and excitement. It also serves as a reminder that challenges are easier when we work together.

Setup:

- Create a relay course with 4-5 silly challenges (see options below).
- Set up cones, tape, or chairs to mark start, stop, and obstacle stations.

• Create 4-6 teams of 6-8 players (adjust for your group size).
Use colored bandanas, stickers, or paper wristbands to identify teams (optional).

Relay Challenge Stations (ideas for obstacles):

1. Crab Crawl Race:

• Kids crawl like a crab to the next cone (hands and feet on the ground, belly up).

2. Balloon Between Knees:

- Kids place a balloon between their knees and hop or shuffle to the next station.
- If the balloon drops, they must return to the start of that station.

3. Dizzy Spin and Walk:

• Spin 5-10 times around a cone or bat, then carefully walk along a "balance beam" made of masking tape on the ground.

4. Over and Under Pass:

• The team lines up and passes a beanbag over their head, then under their legs, repeating until it reaches the last player.

5. Target Toss:

• Toss a beanbag or ball into a bucket or through a hula hoop before tagging the next teammate.

Instructions for Leaders:

Agents! Today, you're going to face a mission that takes speed, teamwork, and some crazy moves. Let's see which team can complete the mission first!

1. Divide into teams and explain the route.

- 2. Demonstrate each station briefly.
- 3. Emphasize fun and teamwork over competition.
- 4. Cheer loudly and celebrate all teams at the finish line.

Gather kids together and reflect:

- What made this mission easier or harder?
- Did you have more fun doing it with your team than alone?
- What can we learn from this? (Leader ties it back to the key point: When we trust Jesus and work together, no mission is impossible!)

You completed your mission together! God's mission for us is also something we do with others—and with his help, we can do things that feel impossible.

After the team relay ends and all teams are gathered together)

Wow! Agents, you did an amazing job completing your first mission together. I saw teamwork, I saw focus, and I saw some really funny moves out there!

(Pause and celebrate: give a big group cheer or do a silly victory move together, like a mission dance or "Agent Power Pose.")

Today we've learned something really important — when we work together and trust God, even things that feel impossible can be done. And guess what? Our mission isn't over yet! Now, you're going to have the chance to take on lots of different missions all around the room.

(Hold up a sample badge or bag if using them.)

Here's how it will work: Around the room are Mission Game Stations—each one has a different challenge. Your job is to visit as many as you can.

If you complete the mission at the station, you'll earn a reward for your bag or badge.

You can do the stations in any order, and you can try them more than once if you want!

Remember, these are missions, but they're also for fun. Be kind, take turns, and cheer for your friends.

Are you ready, agents? Remember—this isn't a race. The real win is to have fun, make friends, and try the challenges. Let's see if you can complete your missions!

(Signal leaders to move to their stations. Then release the kids by groups or all together to start rotating around the stations.)



Mission Game Stations (45-60 minutes)

Set up stations carnival-style. Kids rotate freely or as groups with their bags/badges to collect candy or star stickers for completed missions.

1. Human Ring Toss

Setup:

- One volunteer or child wears 2-3 pool noodles connected into large rings over their arms (you can tape them to keep them together). Mark a toss line about 5 feet away.
- Provide hula hoops for tossing.

Instructions:

Kids stand behind the toss line and attempt to toss the hula hoops onto the pool noodle "arms" of the volunteer.

Each child gets 3 tries.

What to say:

Sometimes in life, things feel like they're out of reach—let's see if you can aim and hit the target!

Variation:

Use inflatable inner tubes or large stuffed animals as targets.

2. Stack the Stars

Setup:

- Provide 15-20 star-shaped paper plates (or regular plates with stars drawn on them).
- Place chopsticks or plastic spoons on the table.

Instructions:

Using only the chopsticks or spoons (no hands), kids must stack the plates into a tower as high as possible in 1 minute.

What to say:

Your mission: stack the stars as high as you can without using your hands! Let's see how high you can reach when you stay focused.

Variation:

Make it a team challenge where kids work together.

3. Mission Impossible Maze

Setup:

- Use red yarn, string, or crepe paper to create a "laser" maze between two objects (chairs, tables, cones).
- Crisscross the string at different heights.

Instructions:

Kids carefully crawl, climb, and duck through the maze without touching the "laser" lines.

If they touch, they start over.

What to say:

Stay alert, agent! This is a top-secret mission. Can you make it through the laser maze without getting caught?

Variation:

Time the challenge and see who gets through fastest.

4. Balloon Pop Race

Setup:

- Blow up balloons (have extras ready).
- Set up a "pop zone" marked with cones or tape.

Instructions:

Kids race to sit and pop the balloon using only their body (no hands).

They can do it one at a time or as a group race.

What to say:

Sometimes missions are messy! Can you use your best moves to finish this challenge?

Variation:

Hide a small paper mission inside the balloon for an extra surprise.

5. Star Gazer Memory Game

Setup:

- Tray with 10-12 small items (stars, cross, toy car, eraser, etc.).
- Cover cloth or box lid.

Instructions:

Show the tray for 20 seconds.

Cover it and have kids list or whisper as many items as they can remember.

What to say:

A good agent pays attention to details. Let's see how many items your sharp eyes can spot!

Variation:

Have a team work together to list items

6. Slurp the Stars

Setup:

- Paper stars or small paper circles on a plate.
- Give kids a straw.

Instructions:

Using only the straw, kids suck up stars and transfer them to a different plate within 1 minute.

What to say:

This mission takes focus and fast action! Can you move the stars to safety?

Variation:

Use cotton balls or mini pom-poms instead of paper stars.

7. Target Mission Toss

Setup:

- Stack cups into a pyramid.
- Write labels like "fear," "worry," "anger" on each cup.
- Provide bean bags or soft balls.

Instructions:

Kids try to knock down the stack.

They get 3 throws.

What to say:

Jesus helps us knock down anything that stands in our way. Let's take out fear and worry together!

Variation:

Award a bonus candy if they knock down all cups.

Optional Quiet Activity Table:

- Star Badge Craft Station: Continue making "Mission Possible" badges.
- Jesus is My Mission Coloring Sheet.



Closing (5-10 minutes)

Gather everyone and debrief:

- What was your favorite mission today?
- Who are some friends you can invite to club next week to be on your mission team?

Leader says:

This year, we're going on a mission together. Not every day will have games like today, but every week will be filled with stories, friends, and discovering the amazing things Jesus wants to do in our lives.

- Hand out invitation flyers for next week.
- Share any club incentives (like an ice cream party if they bring friends next week).
- Close in prayer.